

# From iPads to Instagram: A guide to navigating the challenges and opportunities of technology with kids

By: Jonathan Adams, Head of Learning Technologies

I didn't write that title. That was done with the assistance of ChatGTP. So was the first draft of this article. Technology can be an amazing thing when used in the right way.

As technology becomes increasingly integrated into our daily lives, parents and teachers are faced with the challenge of navigating the opportunities and challenges that technology presents for children. While it can provide children with access to educational resources, entertainment, and social connection, it also presents potential risks.